

BENDY KATE

CURRICULUM VITAE

WWW.BENDY-KATE.COM

BENDYKATEMANAGEMENT@GMAIL.COM



SKILLS

Metal Pole, Aerial/Flying Chinese Pole, Aerial Hoop, Handbalancing, Acrobatic Dance

VITALS

Height: 5ft 4in

Size: UK 8-10/Small

Eyes: Blue

Hair: Blonde

First Language: English

BIOGRAPHY

Bendy Kate is a unique and innovative performer specialising in pole but also highly skilled in aerial, handbalancing and acrobatics. She holds multiple World Titles in Pole Dance; Pole Art Champion 2017, World Pole Sport and Fitness Champion 2014, IPSF World Pole Sports Runner Up 2013 and UK Professional Pole Championships (Elite Champion) 2011, 2012 and 2013. Bendy's main aim with each performance is to leave a long lasting impression on the audience.

TITLES

2017 Pole Art France Champion

2015 IPC Pole Fit Champion

2014 World Pole Dance Champion

2013 UK Professional Pole Elite Champion

2013 World Pole Sports Women's Singles Runner Up

2012 UK Professional Pole Elite Champion

2012 World Pole Dance Doubles runner up

2012 Got to Dance Semi Finalist (Sky 1)

2012 World Pole Sports doubles runner up
2012 Miss Pole Dance UK doubles winner
2011 UK Professional Pole Champion
2011 Miss Pole Dance UK doubles winner
2011 World Pole Dance championships runner up
2010 UK amateur pole performer champion

AWARDS

2015 Pole World News – Female Performance Artist of the Year
2014 United Pole Artists – Poler’s Choice Award

PREVIOUS PERFORMANCE CREDITS

I have spent the last four years performing internationally. Below are a selection of events that I have been privileged to perform for.

Diversity Ignite Tour, 2018

Soho House Festival , London 2018/19

IMHX exhibition, NEC 2017

Gravity First, Mexico 2014

Performing on ITV's talent programme Get Your Act Together 2015

Got to Dance (Sky 1) 2012

Guest performance at the UK Professional Pole Championships 2014

Guest performer at the World Pole Dance Championships 2015, Beijing

The clothes show live, NEC Birmingham 2010/11

Royal Gala Celebratory Ball, London 2011

Incandescence Asia Tour, 2011

Absolute Vodka Launch Party, Morocco 2011

McLaren Racing team Christmas party, Silverstone 2011

UK Pole Dance Day, London 2011

Adidas fit for 2012, Lourdes cricket grounds 2012

Guest performance at Miss Pole Dance, London UK 2014

Guest performance at the Australian Pole Championships, 2013

Pole Expo, Vegas 2013

EDUCATION

BSc (Hons) in Sports Therapy and Rehabilitation (first class) 2012

University of the West of England, Bristol, UK

TEACHING EXPERIENCE

Bendy has taught masterclasses all over the world for the last 10 years. She has written 3 books to help aerial and gymnastic injuries on flexibility, handstands and injury prevention. If you want to catch regular stretching classes with her you can subscribe to her livestreamed stretching classes 'The Bendy Box'. She will soon be teaching Advanced Stretching Technique Instructor Training Courses in 2020 too.

REFERENCES AVAILABLE ON REQUEST